

Homily: Corpus Christi June 30 2019

Introduction

What are the most important words ever spoken on this Earth? - There were many memorable words of our Presidents and Popes. The words of Jesus when He said ..." This is my Body... This is my Blood" are the most important words ever spoken. They have shaped the life and the spirituality of billions of people around the World

Today's feast of Corpus Christi is very Catholic, over seven centuries old. Today we reflect on the heart of Catholic life the Eucharist, the Mass and the Blessed Sacrament.

Jesus' gift to the Church on the night before He died , was the gift not of parables, or his blessing, but of his very own Self, under the form of bread and wine. When I receive Holy Communion I have a closer contact with Jesus than was possible to anybody, during his earthly life. In the Eucharist the actual distance between Christ and myself vanishes.

Coming to Communion is an act , by me of renewing my commitment to Jesus. A statement of my belief in the Real Presence, of my fidelity to the Church.

This corpus Christi Sunday is a good time to renew my reverence at Mass, the full significance of receiving Holy

Communion and the dignity of prayer for myself and others before the Blessed Sacrament either in the Tabernacle or in the Adoration Chapel.

The Eucharist is the center of the Church's life and my life.

Amen.